



MPOWER 5K & Fun Run

RACE INFORMATION

Date: Saturday, November 13, 2021

Location: Farmington High School, 10 Monteith Dr, Farmington, CT 06032

Cost: \$20 (**cost will increase on November 7th**)

All runners will receive: an MPower Bag, a finisher medal and individually wrapped snacks.

REGISTRATION

Deadline: November 12, 2021 - **No Race Day Registration Allowed!**

Register Online: www.MPowerYouthSports.com/5k

FUN RUN (1.5 miles)

Our Fun Run is a great option for anyone who wants to experience race day, but may not feel quite ready for the full 5K. This race is open to all boys and girls ages 6-14.

Runner Check-in: 9:00 - 9:15am

Race Start: 9:30

5K (3.1 miles)

It's the main event! This 5K (3.1 miles) is the only KIDS-ONLY in the area, open to boys and girls ages 6-14. Local high school runners will be on hand to serve as mentor runners - keeping them company and encouraging them throughout the race.

Trophies will be awarded to the Top-3 male and female finishers in each age group: Ages 6-7, 8-9, 10-11, & 12-14.

Runner Check-in: 9:30-10:00

Race Start: 10:15

***NOTE:** We are taking COVID very seriously. At this time, we believe that all of our age groups can run together safely in one big race. We do reserve the right to incorporate wave starts and/or split into two different 5Ks if deemed necessary closer to race day. If that happens, your race start time may fluctuate by up to 30 minutes. Thank you for your understanding!

Thanks to our friends at Farmington Recreation for helping create this experience.